

Vowel Choir

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This is a fun five minute energizer that involves singing vowels. I treat it like a song, leading it upon returning from a break. It is not an original, but one of many games/initiatives passed between practitioners in the field of experiential education.

DIRECTIONS

“First I want you to think of your first name.”

“Now, I want you to think of the first vowel in your first name. It is probably either a,e,i,o,u, or perhaps something else.”

Give the following directions before anyone in the group moves:

“Now if your first vowel is “a”, I want you to stand together as a group over there.” *Point to your left.* And if your first vowel is “e”, I want you to stand over there.” *Point somewhere left but to the right of the “a” group.* “If your first vowel is “i”, please stand over there.” *Point out in front of you.* “If your first vowel is “o”, stand together as a group over there”. *Point in front of you to the right of the “i” group.* Now, if your first vowel is a “u” or anything else, stand over there.” *Point to your right.* “Now everyone move to your groups and stand close together.”

Your groups should look something like this:

I
E O
A U
You

“Now, when I Point to your group, I want you to sing your vowel as loud as you can!”

“Ready, here we go...” *Point to the A group. After they sing, let them clear their throats and point to them again. Do this with each group in a playful manner. Then you can start pointing randomly.*

Bouncing back and forth between two is fun. So is spelling e-i-e-i-o.

End with applause.

IDEAS

Since they end the exercise standing in their vowel groups, I often use this energizer to break them into small groups for an activity such as the mentoring exercise. Just shift a few vowels where you need in order to even out the groups

As an alternative to conducting the vowel choir, you can ask for a volunteer and make them the conductor.

Another way to end would be to have vowel groups merge into two different groups and assign them each an initial of the client, such as L and P. Let them bounce back and forth getting faster and faster.